



volunteer centre

Ionad d'Obair Dheonach Cheatharlach

CARLOW

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**"The more reflective you are, the more effective you are"**

**Your opinion matters**

**The National Volunteering Strategy needs your input**

**Have your voice heard**

**Attend our Focus Group in The Woodford/Dolmen Hotel on Monday 28th January at 11 am**

*A little time can  
make a **big** difference!*