

## **INCLUSIVE FITNESS TRAINING, TUESDAY 16th OCTOBER**

This workshop takes place on Tuesday 16th October 2018 in TJ Reid's Health and Fitness from 10am to 4pm.

It is designed to increase the confidence and awareness of fitness managers, fitness professionals and all front line staff to work with people with disabilities in the fitness sector.

The training will provide access to resources that will increase the knowledge of fitness managers and fitness professionals to create inclusive environments and programmes in the fitness sector for people with disabilities.

**This workshop is accredited by REPs Ireland.**

**The cost of this workshop is €45 per person.**



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