

Foundation Programme in Sexual Health Promotion

The Education Centre, St Luke's Hospital, Kilkenny City

January 29th & 30th, February 19th & 20th, March 26th & 27th,
April 30th & 1st May, May 28th & 29th, 2019

Course Aim; to enhance participants' capacity to incorporate sexual health promotion into their work through the development of their comfort levels, confidence, knowledge and skills in relation to sexual health

This program will look at sexual health promotion holistically throughout the human life-stages.

- Sexual Health Promotion in the Irish Context
- Sexual Health A Life Course Approach
- Physical Sexual Health (e.g. Contraception, STIs. Sexual function/dysfunction))
- Self Esteem & Sexual Health
- Sexuality and Diversity
- Law, Power and Sexual Health
- Working Safely around Sexual Health
- Facilitating Workshops in Sexual Health

Target Group Target participants are those working in the health, education, youth and community sectors, whose work currently or potentially involves aspects of sexual health promotion. Some previous experience of facilitation and /or one to one skills is desirable as this is not general skills training.

Methodology The course is participatory and experiential in approach. It requires participants to have an openness to personal development as they explore knowledge, attitudes and values in relation to sexual health, through individual, paired and group work.

Benefit to the Participants and their Organisations

- Participants have the opportunity to improve their knowledge, skills and confidence in relation to sexual health work.
- Some of the materials and methodologies may be adapted for use with client groups.
- Support will be available to assist participants in the implementation of Sexual Health Promotion within their own organisation on completion of training.
- A sexual health resource library is available to participants to support their work
- The course is accredited for the purpose of CPD by the IASW, the NMBI and the IACP

Commitment

Participants are required to attend all ten days, to submit a learning journal throughout the program and to co-facilitate a sample experiential exercise.

Application Process Step 1: Application Form Step 2: Telephone interview

Closing date for applications is **Friday 9th November 2018**

Application forms are available from Tracey Tobin tracy.tobin@hse.ie / 087-9028590

Tracey Tobin, Health Promotion Officer, Health Promotion & Improvement, Community Care Service

Building a Better Health Service

CARE COMPASSION TRUST LEARNING