

# Care Alliance Ireland: Regional Seminars



Over the coming weeks, Care Alliance Ireland is coordinating a series of regional seminars to invite family carers of people with dementia to take part in discussions about the concept of resilience.

In these seminars, we will share the outputs and knowledge with family carers from a research project funded by the Health Research Project. In doing so, we aim to gather as much feedback about some new online resources developed.

All family carers who are looking after people with dementia are welcome to participate.

If you know of or are a family carer of a person with dementia and are interested in attending and providing feedback about the resilience resource, then you are invited to participate. There will be a seminar in each of the five locations detailed below over the coming weeks and they will run from 10:00am to 1pm.

- 1. Kilkenny – The Springhill Court Hotel (September 11th)**
2. Cork – The Ambassador Hotel (September 18th)
3. Limerick – Clayton Hotel Limerick (September 25th)
4. Cavan – Cavan Crystal Hotel (October 2nd)
5. Galway – Clayton Hotel Galway (October 9th)

Family carers who attend will also be reimbursed for any travel expenses or caring costs. Tea/Coffee and scones will be available in the morning, followed by lunch after the seminar is completed.

To register your interest and to learn more about the seminars you can contact Kevin Deegan at [kevin@carealliance.ie](mailto:kevin@carealliance.ie) or by 085 852 9352.