



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



CHO5, 6 AND THE NATIONAL FORENSIC MENTAL HEALTH SERVICES RECOVERY COMMITTEES

'Recovery- Are We There Yet'

**You are invited to attend the ARI Learning Set titled
'Recovery- Are We There Yet'.
Thursday 21st June 2018**

Advancing Recovery in Ireland learning sets encourage a creative approach to learning by offering opportunities for people who attend mental health services, their family members/ carers / supporters and those who provide services to come together to share experiences and learn from each other so we can make our services better for everyone.

Speakers on the day will include **Dr. Dominic Fanon, Consultant Psychiatrist, Michael Ryan, Service Improvement Lead, Gerry Maley, Office of Engagement and Dr. Maria Oppeboem.**

There will also be 6 interactive Workshops on various recovery initiatives including:

- The Personal Narrative
- Recovery Principles and Practice Workshops the benefits for you and your service
- The role of the Peer Support Worker
- The importance of the Family in Recovery Education
- Recovery for all: Supporting yourself while you support others
- Recovery in a forensic setting

RSVP to Jackie Farrell – jackie.farrell@hse.ie or telephone 01 6207303 by June 11th 2018.

**Venue: The Seven Oaks Hotel, Carlow, 10am to
4.30pm**



Who Should Attend?

- ✓ People using the Mental Health Service
- ✓ People experiencing mental health challenges
- ✓ Family Members and friends supporting a loved one with mental health challenges
- ✓ Service Providers
- ✓ Those with an interest in positive mental health and promoting recovery