



The P.E.T.E. (**Preparation for Education, Training and Employment**) Service will be running a Career Profile and Progression Programme in Kilkenny starting the 06th of June 2018. The course is open to participants aged 18 years upwards who are at risk of homelessness or in emergency accommodation.

The course will consist of 3 one-to-one coaching sessions and 6 group sessions.

- The aim of this programme is to equip learners with the knowledge, skills and competence to create an effective and persistent approach to job seeking.
- The programme will identify key strengths of individuals, challenging negative self-belief, encouraging motivation towards creating a realistic education pathway to a career.
- This will in turn increase confidence in participation in education training and/or employment.
- The disposal of negative and inappropriate beliefs about themselves and about the employment opportunities that await them can ultimately lead the participants creating a tangible Job Action Plan.
- Introduction to working life and what to expect in a work environment.

We have had great success over the past 3 years running this programme in Waterford and Wexford, with a large number of participants progressing on to full and part time employment, training and further education.

An information session will be held on the 15th of May at 5pm in the new Focus Ireland Office, Unit 2 John's Gate, Kilkenny.

The Career Coach Nicky O'Brien will present some information about what the programme involves in a very light and informal manner. So if you have any clients you think would benefit from the course they are welcome to attend. Professionals are also welcome to come along and meet the Career Coach to get a better understanding of what the programme will involve.

I have included a poster which can be shared with other agencies and customers. If you or a client would like to attend the information session please contact me on 086-4143674 or via email.

If you have any questions please do not hesitate to contact Laura Cushen, Project Worker, Waterford PETE, Focus Ireland, 15 Bath Street, Waterford

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