



Sandy Lane Institute



“Treasures in the Darkness”

Interested in the Integrative Sandplay process as a means to personal growth and understanding of Self?

Then join us for a one day of training introducing this wonderful healing medium.



The sandplay process is one of self discovery releasing blocked psychological energies transforming restrictive narrow world views and opening up creative capacities.”

This introductory one day course is intended for students and practitioners who have little or no experience of sandplay therapy and wish to experience the sandplay process and gain a theoretical overview.

The aim of the training is to give participants an understanding of the theory and practice of sandplay therapy as a means of expression of inner unspoken imagination, emotions and feelings.

The day consists of a series of experiential sandplays incorporating teachings and case studies that begin to explore the theoretical and practical issues of working with sandplay. Discussions will be held that link the theoretical and practical aspects of the topic.

Date: 5th May

Time: 9.30a.m. – 4.00

Venue: Teac Tom

Cost: €40

Places are limited, Contact 056-7796592 or thethomashayestrust@gmail.com to reserve your place