



## Free Family Carer – Dementia Workshop

This **FREE** educational workshop helps Family Carers and those concerned about Dementia how to provide individualised relationship based care that -

- Helps maintain a safe and calm environment for the person with dementia.
- Encourages engagement.
- Helps minimise symptoms.
- Honours who the person was in earlier life.
- Supports the entire family.

Please feel **free** to join us for a **Complimentary Dementia Care Workshop** to help you further understand Dementia and Alzheimer's disease.

### Home Instead Senior Care

**Seven Oaks Hotel,**  
Athy Road, Carlow.

**Wednesday 22<sup>nd</sup> February**  
**7 - 9pm**

Please book your place by calling  
**Jillian** on **056-7800508** or  
**www.homeinstead.ie**