



Connecting for Life Kilkenny

Submission

Connecting for Life, Ireland's National Strategy to Reduce Suicide 2015 – 2020 was launched in June 2015. The **Vision** of *Connecting for Life* is an Ireland where fewer lives are lost through suicide and where communities and individuals are empowered to improve their mental health and wellbeing.

The **Outcomes** of *Connecting for Life* are:

- a reduced suicide rate in the whole population and amongst priority groups
- a reduced rate of self-harm in the whole population and amongst priority groups

The National Strategy recommends that each County or Region develops its own suicide prevention action plan. The goal is to have a multi-agency plan that responds to the different local needs in each area.

In Kilkenny, the development of the local action plan is the responsibility of the HSE Mental Health Division, in particular the Regional Suicide Resource Office, with the support of a number of service providers from statutory, community and voluntary organisations. The action plan will be called *Connecting for Life Kilkenny*.

If you are concerned about suicide or if your group or organisation provides services and supports to individuals, families or communities affected, we would like to hear from you. Your submission will inform the development of *Connecting for Life Kilkenny*.

You can provide your views by completing this questionnaire and returning it to the address provided at the bottom of this form. The submissions will be collated and actions will be identified based on the responses received.

Written Submission

Please give us your details

Name:

Organisation:

Address:

Email:

Telephone number:

Please complete the questions below (*Remember, you are not obliged to complete every question or to give lengthy responses*)

1. Awareness Raising

What can be done to improve the general public's understanding of suicide, mental health and wellbeing and to reduce the stigma associated with suicide?

2. Supporting Local Communities

How can local communities be supported to prevent and respond to suicidal behaviour?

3. Priority Groups

What priority groups could be targeted in Connecting for Life Kilkenny?

4. Services

a) What services are currently available to reduce suicidal behaviour and to improve mental health and wellbeing in Kilkenny?

b) What additional services may be required in Kilkenny?

c) How can vulnerable people be supported to access these services?

5. Safer Communities

What can be done to reduce and restrict access to means of suicidal behaviour?

6. Research and Evaluation

How can monitoring and research relating to suicidal behaviour, mental health and wellbeing be improved?

7. Other Comments

Please provide any additional comments or feedback here

Please return your submission by Friday, February 9th to:

Tracy Nugent (HSE Resource Officer for Suicide Prevention)
Front Block, St. Patrick's Hospital,
John's Hill,
Waterford

Tel: 051 874013

Email: Tracy.Nugent@hse.ie

For more information, see www.connectingforlife.ie or www.yourmentalhealth.ie